



Australia's food and nutrition 2012

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Australia's food & nutrition 2012 highlights the key components of our food and nutrition system. It describes the system from 'paddock to plate' and how food choices affect our health and the environment.

1. What percentage of the food we consume is grown in Australia? (*in brief* p. 9)

- a. 10%
- b. 30%
- c. 70%
- d. 90%

2. How much does an average Australian household spend on food and beverages every week? (p. 93)

- a. \$198
- b. \$237
- c. \$354
- d. \$441

3. What are the three main fruit crops produced in Australia? (p. 70)

- a. oranges, apples and bananas
- b. apples, bananas and mandarins
- c. oranges, apples and mandarins
- d. apples, bananas and pineapples

4. What % of evenings do Australians eat a home cooked meal? (p. 114)

- a. 50%
- b. 60%
- c. 70%
- d. 80%

5. How many \$ worth of food do Australians throw out each year? (p. 126)

- a. \$500 million
- b. \$1 billion
- c. \$5 billion
- d. \$50 billion

6. How many people can Australian agriculture feed? (p. 61)

- a. 6 million people
- b. 60 million people
- c. 600 million people
- d. 6 billion people

7. What % of Australians over 16 eat enough vegies? (p. 148)

- a. 9%
- b. 15%
- c. 21%
- d. 25%

8. What vegetable does Australia produce the most of? (p. 71)

- a. tomatoes
- b. carrots
- c. onions
- d. potatoes

9. What % of adults were either obese or overweight in 2007–08? (p. 182)

- a. 41%
- b. 51%
- c. 61%
- d. 71%

10. How many children were obese in 2007–08? (p. 185)

- a. 1 in 2
- b. 1 in 5
- c. 1 in 16
- d. 1 in 20